

E. Hitchcock Scott, PhD, LAADC, NCC, ATR-BC

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GOAL

To facilitate recovery for those with a desire to achieve sobriety and thereby improve physical, emotional and spiritual health.

SUMMARY OF BACKGROUND

Twenty-six years of clinical counseling, administration, consulting, teaching, and supervision experience in hospital, outpatient clinic, and private practice settings. Supervisory roles include Core Faculty Member and Clinical Director.

Responsible for the clinical and administrative supervision of up to thirty-five professionals and twenty clients in one setting. Demonstrated effectiveness as an inpatient, primary care counselor by maintaining the lowest patient recidivism rate of all counselors in a 200 bed hospital for those with alcohol and drug addiction.

Licensed to practice, either as a licensed professional counselor and/or licensed chemical dependency counselor in four states. Nationally certified in addiction and creative arts therapies, as well as an interfaith spiritual director.

Experienced in public relations, marketing, networking, and maintaining positive contacts with referents. National/International speaker on a variety of mental health topics to professional organizations and conferences. Presented five years for the International Society for the Study of Dissociation and four years for the Creativity and Madness Conference. (An extensive list of professional presentations provided upon request.) Speaker, published author and researcher on topics such as chemical addiction/co-occurring addictions, integrative health, active meditation, creative arts therapies, trauma and abuse, grief and loss, dissociation, sexual addiction, and self-mutilation.

COUNSELING, TEACHING, AND CONSULTING EXPERIENCE

INDEPENDENT CONTRACTOR/CONSULTANT, Season's Recovery Center 02/2009 – Present
Malibu, California

Served in a variety of roles: clinical director, consultant, primary therapist, and referent for a start up 20-bed residential treatment program for those with co-occurring disorders and diagnoses. Responsible for providing theoretical and philosophical structure, counseling, workshops, education, training, program development, crisis intervention, relationship with referents, marketing, networking, and medical chart documentation. Season's Recovery Center is an integrative medicine facility, with a focus on healing the mind, body and spirit.

CLINICAL DIRECTOR, The Canyon at Peace Park 06/2007 – 06/2008
Malibu, California

Served as the clinical director for a 20-bed residential treatment program for those with co-occurring disorders and diagnoses. Responsible for the clinical and administrative supervision of up to thirty-five staff members and twenty clients, quality of clinical services, client and staff well being, training, quality assurance, crisis intervention, relationship with referents, marketing, networking, intake, aftercare planning and medical chart documentation. The Canyon is an integrative medicine facility, with a focus on healing the mind, body and spirit.

PRIMARY THERAPIST, Sierra Tucson
Tucson, Arizona

04/2004 – 04/2007

Worked as a full-time primary therapist on the unit for sexual and trauma recovery (PSTR). Provided case management, insight oriented individual and group therapy, psychodrama and creative arts therapies for those with a history of sexual compulsivity, childhood abuse and/or adult trauma, dual diagnoses and co-occurring compulsivities, obsessions, and addictions. In 2006, selected for the Sierra Tucson Alumni Recognition Award, by graduates of Sierra Tucson and staff committee. Taught mindfulness meditation as a method for psychological grounding, self-soothing, and mood regulation.

CORE FACULTY MEMBER, Prescott College
Tucson, Arizona

11/1999 – 03/2003

Hired as a part-time Faculty Member. Promoted to full-time Core Faculty Member in February of 2000. Managed a graduate program in counseling psychology, plus a concentration in creative arts therapy. Supervised twelve faculty advisors and approximately twenty-five graduate students.

EXTENDED FACULTY, University of Arizona
Tucson, Arizona

2002 – Present

Content Provider for the Associate Fellowship of the Program in Integrative Medicine at the University of Arizona. Offer instruction to 60-80 medical doctors on how to integrate creative arts therapies into a mind, body, spirit practice for those with chronic or acute illness. Teaching experience includes preparing and developing an educational audio CD, educational online module, several weeks per year of online dialogue and experiential workshops.

CONTRACT CREATIVE ARTS THERAPIST, Mirasol, Inc.
Tucson, Arizona

04/2003 – 09/2003

Provided art therapy groups for a residential eating disorder program. Addressed issues of addiction, body image distortion, cognition, self-esteem, grief and cathartic expression, spirituality, trauma and dissociation. Implemented video therapy as a tool for setting goals for treatment and aftercare.

CONSULTANT, CONTRACT THERAPIST, PRIVATE PRACTICE

1985 – Present

Offered a variety of services, including but not limited to: counseling, psychotherapy, teaching, training, consulting, and case supervision in hospital, outpatient clinic and private practice settings. (A full list of agencies supplied upon request.)

THE PRIORY—London, England

COLIN ROSS INSTITUTE—Richardson, Texas

CHRYSALIS COUNSELING CENTER, INC.—Dallas, Texas

CARE UNIT HOSPITAL—Ft. Worth, Texas

THE PSYCHIATRIC INSTITUTE OF AMERICA—Ft. Worth, Texas

CHARTER HOSPITAL—Plano, Texas

OCEANSIDE TRANSITIONAL LIVING—Malibu, California

MILESTONES RANCH—Malibu, California

EDUCATION

Degree	Date	Institution
Certified Interfaith Spiritual Director	2005	Tacharia Interfaith Certificate Spiritual Direction Program Tucson, Arizona
Doctorate, Clinical Psychology with an emphasis in creative arts psychotherapy in marriage and family practice.	1999	The Union Institute Dissertation nominated for the highest award offered by the faculty.
Post Master's Art Therapy Graduate Certificate	1996	The College of Notre Dame Belmont, California GPA 4.0, Graduated with Honors.
Master of Education Community College Curriculum Emphasis in Studio Art.	1981	Florida Atlantic University Boca Raton, Florida GPA 3.94
Post Graduate Credits Studio Art	1979	Sarah Lawrence College Lacoste, France
Bachelor of Arts Studio Art	1977	Florida Southern College Lakeland, Florida

SCHOLARSHIPS AND AWARDS

- Received the Sierra Tucson Hospital "Alumni Recognition Award," selected as one of five staff members from 285 employees for acknowledgement for quality and helpfulness of therapeutic care provided to patients. The award is nominated by patient graduates via letter and then voted on by administrative committee, 12/2006.
- Awarded a mini-grant by Tucson's Public Access Television station to produce The Freedom of Art, 2004.
- Dissertation nominated for the Sussman Award (the highest award offered), by The Union Institute Faculty, 1999. Only five to ten percent of dissertations were nominated.
- Marie Delleney graduate scholarship awarded for fine art photography by the Department of Art Faculty at Texas Woman's University, 1986.

LICENSES, CERTIFICATIONS AND MEMBERSHIPS

- National Certified Counselor (NCC), certification number: #71182.
- Licensed Professional Counselor (LPC), state of Arizona: #12334.
- Licensed Independent Substance Abuse Counselor (LISAC), state of Arizona: # SA-1482 .
- Licensed Mental Health Counselor (LPC-Retirement Status), state of New Mexico: #1112.
- Licensed Advanced Drug and Alcohol Counselor (LAADC), state of California: #LR108041.
- Licensed Chemical Dependency Counselor (LCDC), state of Texas: #1458.
- Board Certified Registered Art Therapist (ATR-BC) by ATTCB, Inc.: #02-061.
- Registered Expressive Arts Therapist (REAT), International Expressive Arts Therapy Association: #R060.

- Texas Alcohol and Drug Association of Counselors, Diplomate Addictionologist (ADC-III): #6646-0388.
- Advanced Addiction Counselor (ICAADC), by the International Certification and Reciprocity Consortium (ICRC): #293.
- Past member and presenter of The International Society for the Study of Dissociative Identity Disorder and Dissociative States, first joined in the 1980s.
- Certified Interfaith Spiritual Director, since 2005.
- Reiki Master, Usui Shiki Ryoho School, since 1999.

ARTICLES AND PUBLICATIONS

Scott, E. H. & Ross, C. (2006). Integrating the creative arts into trauma and addiction treatment: Eight essential processes. *Journal of Chemical Dependency Treatment*, 8(2), 207-266. doi:10.1300/JO34v08n02_11.

Scott, E. H. & Ross, C. (2006). Integrating the creative arts into trauma and addiction treatment: Eight essential processes. In *Psychological Trauma and Addiction Recovery*. New York: Haworth Press.

Scott, E. H. (2005, Summer/Fall), Special edition on the treatment of trauma and creative arts therapy: A model of creative arts therapy. *Progress Newsletter*, pps. 1-4, 6. The Progress Newsletter is online at the following web address: <http://www.sierraticucson.com/pdf/ProgressSummerFall05%20web.pdf>

Scott, E. H. (Speaker). (2002). *Expressive arts therapy: The seven essential processes*. (CD No. 2 of Mind-Body Conversations). Tucson: The University of Arizona Associate Fellowship in Integrative Medicine.

Scott, E. H. (1999a). The body as testament: A phenomenological study of chronic self-mutilation by women who are dissociative. (Doctoral dissertation, The Union Institute, 1999). *Dissertation Abstracts International*, 1999, 290. (UMI No: 9921604).

Scott, E. H. (1999b). The body as testament: A phenomenological case study of an adult woman who self-mutilates. *The Arts in Psychotherapy*, 26 (3), 149-164.

Schwartz, G. E.; Russek, L. G. S. Weinstock, D. K., Movius, H., Nelson, L., Burke, B. A, Harada, P., Shapiro, S., Scott, E. H., Song, L. A. Y., and Taylor, C. (1998). Clemency Decisions and the Tucker Case: A Preliminary Report on Public Opinion and Concerns. Tucson: The University of Arizona Graduate Program in Psychology. The position paper and research is online at the following web site: http://www.geocities.com/kftucker2007/az_clemcy.htm.

Ellason, J.; Ross, C. A.; Day, H. D. & Scott, E. H. (1994). Spiritual orientation and ego resiliency in the inner self helper of dissociative identity disorder: A preliminary study. Unpublished/provisional acceptance by *The Journal of Dissociation*.

COMMUNITY SERVICE

- Honorary Advisory Board Member 2002 – Present
Kartchner Caverns State Park, Arizona
- Established The Randy Tuft's Memorial Fund 2002 – Present
Prescott College, Arizona

- Access Tucson Television Show 03/2004 – 06/2007

The Freedom of Art: Let Freedom Art Ring—Channels 72, 73, & 97, 98

Mission: A forum for dialogue regarding the benefits of the arts.

Have interviewed forty guests (artists, art educators, art therapists, students, and hobbyists).
Aired on Saturdays at 3:00 PM

- Art Editor—IEATA Newsletter, Board Member & Co-Chair of Public Relations Ctte. 1996 – 2002

International Expressive Arts Therapy Association—San Francisco, California

- Board Member 1991 – 1993

Ethel Daniel's Foundation—Dallas, Texas

Halfway house, nonprofit status, for indigent drug addicts and alcoholics

- Board Member, President and Financial Chair 1987 – 1992

Allen Street Gallery—Dallas, Texas

**DOCTORAL COMMITTEE MEMBER FOR THE FOLLOWING DISSERTATIONS:
THE UNION INSTITUTE**

- Michael Irving, PhD, Executive Director/Artistic Director
The Survivor Monument in Toronto, Canada
Dissertation: The Art of Pre and Perinatal Psychology
- Bernadette Hotze, PhD, MFA, MA
Dissertation: Color: The Energetic Interplay of Color Dynamics, Polarities, and Sacred Geometry
- Michele Meyer, PhD, Clinical Psychology
Dissertation: Alpha Male Batterers: Issues of Attachment and Dissociation
- Pearlie M. Jones, PhD, Women's Studies
Dissertation: Status of Black Women in America
- Katherine Owen, PhD, Women's Studies with an emphasis in Creative Writing
Dissertation: Self-mutilation: Five Short Stories

References Supplied Upon Request

