

E. Hitchcock Scott, PhD  
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## GOAL

To facilitate healing in those with a desire to improve physical, emotional and spiritual health.

## SUMMARY OF BACKGROUND

Twenty-four years of clinical counseling, administration, consulting, teaching and supervision experience in hospital, outpatient clinic and private practice settings. Supervisory roles include core faculty member, clinical director, and office manager. Responsible for the clinical and administrative supervision of up to thirty-five professionals and twenty clients in one setting. Demonstrated effectiveness as an inpatient, primary care counselor by maintaining the lowest patient recidivism rate of all counselors in a 200 bed hospital for those with alcohol and drug addiction. Licensed to practice, either as a professional counselor and/or chemical dependency therapist, in three states. Nationally certified in addiction and creative arts therapies, as well as an interfaith spiritual director. Experienced in public relations, marketing, networking and maintaining positive contacts with referents.

National/International speaker on a variety of mental health topics to professional organizations and conferences. Presented five years for the International Society for the Study of Dissociation and four years for the Creativity and Madness Conference. (An extensive list of professional presentations provided upon request.) Speaker, published author and researcher on topics such as integrative health, meditation, creative arts therapies, trauma, grief and loss, dissociation, chemical addiction, sexual addiction, and self-mutilation. Published by peer review journals.

## COUNSELING, TEACHING, AND CONSULTING EXPERIENCE

CLINICAL DIRECTOR, The Canyon at Peace Park  
*Malibu, California*

06/2007 – 06/2008

Served as the clinical director for a 20-bed residential treatment program for those with co-occurring disorders and diagnoses. Responsible for the clinical and administrative supervision of up to thirty staff members and twenty clients, quality of clinical services, client and staff well being, training, quality assurance, crisis intervention, relationship with referents, marketing, networking, intake and medical chart documentation. The Canyon is an integrative medicine facility, with a focus on healing the mind, body and spirit.

PRIMARY THERAPIST, Sierra Tucson  
*Tucson, Arizona*

04/2004 – 04/2007

Worked as a full-time primary therapist on the unit for sexual and trauma recovery (PSTR). Provided case management, insight oriented individual and group therapy, psychodrama and creative arts therapies for those with a history of sexual compulsivity, childhood abuse and/or adult trauma, dual diagnoses and co-occurring compulsivities, obsessions, addictions. Taught mindfulness meditation as a method for psychological grounding, self-soothing, and mood regulation.

CORE FACULTY MEMBER, Prescott College  
*Tucson, Arizona*

11/1999 – 03/2003

Hired as a part-time Faculty Member. Promoted to full-time Core Faculty Member in February of 2000. Managed a graduate program in counseling psychology, plus a concentration in creative arts therapy. Supervised twelve faculty advisors and approximately twenty-five graduate students.

EXTENDED FACULTY, University of Arizona  
*Tucson, Arizona*

2002 – Present

Content Provider for the Associate Fellowship of the Program in Integrative Medicine at the University of Arizona. Offer instruction to 60-80 medical doctors on how to integrate creative arts therapies into a mind, body, spirit practice for those with chronic or acute illness. Teaching experience includes preparing and developing an educational audio CD, educational online module, several weeks per year of online dialogue and experiential workshops.

CONTRACT CREATIVE ARTS THERAPIST, Mirasol, Inc.  
*Tucson, Arizona*

04/2003 – 09/2003

Provided art therapy groups for a residential eating disorder program. Addressed issues of addiction, body image distortion, cognition, self-esteem, grief and cathartic expression, spirituality, trauma and dissociation. Implemented video therapy as a tool for setting goals for treatment and aftercare.

CONSULTANT, CONTRACT THERAPIST, PRIVATE PRACTICE

Since 1985

Offered clinical counseling, teaching, consulting and supervision experience in hospital, outpatient clinic and private practice settings. (A full list of agencies supplied upon request.)

THE PRIORY—London, England  
COLIN ROSS INSTITUTE—Dallas, Texas  
CHRYSALIS COUNSELING CENTER, INC.—Dallas, Texas  
CARE UNIT HOSPITAL—Ft. Worth, Texas  
PSYCHIATRIC INSTITUTE OF AMERICA—Ft. Worth, Texas

## EDUCATION

Degree	Date	Institution
Certified Interfaith Spiritual Director	2005	Tacharia Interfaith Certificate Spiritual Direction Program St. Phillip's Church
Doctorate, Clinical Psychology with a creative arts psychotherapy emphasis in marriage and family practice.	1999	The Union Institute Cincinnati, Ohio Dissertation nominated for the highest award offered by the faculty.
Post Master's Art Therapy Graduate Certificate	1996	The College of Notre Dame Belmont, California GPA 4.0, Graduated with Honors.
Master of Education Community College Curriculum Emphasis in Studio Art.	1981	Florida Atlantic University Boca Raton, Florida GPA 3.94
Post Graduate Credits Studio Art	1979	Sarah Lawrence College Lacoste, France
Bachelor of Arts Studio Art	1977	Florida Southern College Lakeland, Florida

## SCHOLARSHIPS AND AWARDS

- Received the Sierra Tucson Hospital "Alumni Recognition Award," selected as one of five staff members from 285 employees for acknowledgement for quality and helpfulness of therapeutic care provided to patients. The award is nominated by patient graduates via letter and then voted on by administrative committee, 12/2006.
- Awarded a mini-grant by Tucson's Public Access Television station to produce The Freedom of Art, 2004.
- Dissertation nominated for the Sussman Award (the highest award offered), by The Union Institute Faculty, 1999. Only five to ten percent of dissertations were nominated.
- Marie Delleney graduate scholarship awarded for fine art photography by the Department of Art Faculty at Texas Woman's University, 1986.

## LICENSES, CERTIFICATIONS AND MEMBERSHIPS

- National Certified Counselor (NCC), certification number: #71182.
- Licensed Professional Counselor (LPC), state of Arizona: #12334.
- Licensed Independent Substance Abuse Counselor (LISAC), state of Arizona: # SA-1482 .
- Licensed Mental Health Counselor (LPC), state of New Mexico: #1112 (Retirement Status).
- Licensed Chemical Dependency Counselor (LCDC), state of Texas: #1458.
- Board Certified Registered Art Therapist (ATR-BC) by the Art Therapy Credentials Board, Inc.: #02-061.
- Registered Expressive Arts Therapist (REAT), International Expressive Art Therapy Association.
- Texas Alcohol and Drug Association of Counselors, Diplomate Addictionologist (ADC-III): #6646-0388, transferred to California 2007 as (CADC-II), which is the highest level of certification offered in the state of California for addiction counseling services: # RA855307).
- Past Member of The International Society for the Study of Dissociative Identity Disorder and Dissociative States, first joined in the 1980s.
- Reiki Master, Usui Shiki Ryoho School, since 1999.
- Certified Interfaith Spiritual Director, since 2005.

## ARTICLES AND PUBLICATIONS

- Scott, E. Hitchcock & Ross, C. J. (2006). Integrating the creative arts into trauma and addiction treatment: Eight essential processes. *Journal of Chemical Dependency Treatment*, 8(2), 207-226. doi:10.1300/J034v08n02\_11.
- Scott, E. H. & Ross, C. J. (2006). Integrating the creative arts into trauma and addiction treatment: Eight essential processes. In *Psychological Trauma and Addiction Recovery*. New York: Haworth Press.
- Scott, E. H. (2005, Summer/Fall), Special edition on the treatment of trauma and creative arts therapy: A model of creative arts therapy. *Progress Newsletter*, pps. 1-4, 6. The Progress Newsletter is online at the following web address: <http://www.sierratucson.com/pdf/ProgressSummerFall05%20web.pdf>
- Scott, E. H. (Speaker). (2002). *Expressive arts therapy: The seven essential processes*. (CD No. 2 of Mind-Body Conversations). Tucson: The University of Arizona Associate Fellowship in Integrative Medicine.
- Scott, E. H. (1999a). The body as testament: A phenomenological study of chronic self-mutilation by women who are dissociative. (Doctoral dissertation, The Union Institute, 1999). *Dissertation Abstracts International*, 1999, 290. (UMI No: 9921604).
- Scott, E. H. (1999b). The body as testament: A phenomenological case study of an adult woman who self-mutilates. *The Arts in Psychotherapy*, 26 (3), 149-164.
- Schwartz, G. E.; Russek, L. G. S. Weinstock, D. K., Movius, H., Nelson, L., Burke, B. A, Harada, P., Shapiro, S., Scott, E. H., Song, L. A. Y., and Taylor, C. (1998). Clemency Decisions and the Tucker Case: A Preliminary Report on Public Opinion and Concerns. Tucson: The University of Arizona Graduate Program in Psychology. The position paper and research is online at the following web site: [http://www.geocities.com/kftucker2007/az\\_clemcy.htm](http://www.geocities.com/kftucker2007/az_clemcy.htm).
- Ellason, J.; Ross, C. A.; Day, H. D. & Scott, E. H. (1994). Spiritual orientation and ego resiliency in the inner self helper of dissociative identity disorder: A preliminary study. Unpublished/provisional acceptance by *The Journal of Dissociation*.

## COMMUNITY SERVICE

- Honorary Advisory Board Member 2002 – Present  
*Kartchner Caverns State Park, Arizona*
- Established The Randy Tuft's Memorial Fund 2002 – Present  
*Prescott College, Arizona*
- Access Tucson Television Show 03/2004 – 06/2007  
*The Freedom of Art: Let Freedom Art Ring—Channels 72, 73, & 97, 98*  
Mission: A forum for dialogue regarding the benefits of the arts.  
Have interviewed forty guests (artists, art educators, art therapists, students and hobbyists). Aired  
on Saturdays at 3:00 PM
- Art Editor—IEATA Newsletter, Board Member & Co-Chair of Public Relations Cttee. 1996 – 2002  
*International Expressive Arts Therapy Association—San Francisco, California*
- Board Member 1991 – 1993  
*Ethel Daniel's Foundation—Dallas, Texas*  
Halfway house, nonprofit status, for indigent drug addicts and alcoholics
- Board Member, President and Financial Chair 1987 – 1992  
*Allen Street Gallery—Dallas, Texas*

## DOCTORAL COMMITTEE MEMBER FOR THE FOLLOWING DISSERTATIONS: THE UNION INSTITUTE

- Michael Irving, PhD, Executive Director/Artistic Director  
The Survivor Monument in Toronto, Canada  
Dissertation: The Art of Pre and Perinatal Psychology
- Bernadette Hotze, PhD, MFA, MA  
Dissertation: Color: The Energetic Interplay of Color Dynamics, Polarities, and Sacred Geometry
- Michele Meyer, PhD, Clinical Psychology  
Dissertation: Alpha Male Batterers: Issues of Attachment and Dissociation
- Pearlie M. Jones, PhD, Women's Studies  
Dissertation: Status of Black Women in America
- Katherine Owen, Doctoral Candidate, Women's Studies  
Proposed Dissertation: Self-mutilation

*References Supplied Upon Request*